

NR.	SECTION	DESCRIPTION	
0.	Photographs	PROSAME FEAFES - Burgos Asociación Pro Salud Mental de Burgos  ASAMIMER FEAPS Castilla y León	
1.	Title of the Practice	Shared transport for disabled people in the rural areas of Burgos; different organizations sharing their resources. (P2)	
2.	Precise theme/issue tackled by the practice	Shared social tra nsport on own initi lative of different associations work with depen dent peopl e in the region of Burgos, region of Merindades.	
3.	Objectives of the good practice:		
	of popula tion to the located.	s to services of all disabled people who live in different centres places where their care centres and /or t raining centres are	
	Promote the use of t possible.	the area' social resources by the largest number of beneficiaries	
	Foster mutual support	ort between the different social entities.	
	Avoid dropouts from regularly attend.	day centres and activities that the beneficiaries of the territory	
4.	Location		
		<ul> <li>Country: Spain</li> <li>Region, district or municipality:</li> <li>Region of Merindades (province of Burgos)</li> </ul>	
5.	Detailed description of the experience:		
	Origin:		
	In October 2010, A FAMAR (A ssociation of Familie's of Peopl e with Al zheimed Disease of Merindades) request ed ASA MIMER (A ssociation of Aid to People was Intellectual Disability of Merindades) to transport a user from Vil lasana de Mena Villarcayo, taking advantage of the fact that their route passed through Mena.  It was the start of a collaboration that would gradually increase.		
	Timescale:		
	AFAMER and ASA MI	nt ook place in Oc tober 2010 and this collaboration between MER was normalised from then onwards; a third Association, ADES (Pro-Mental He alth Association of Burgos) entered this	





#### Bodies involved/implementation:

- AFAMER (Association of Families of People with Alzheimer's disease from Merindades).
- ASAMIMER (Association of Aid to People with Intellectual Disability of Merindades).
- PROSAME MERINDADES (Pro Mental Health Association of Burgos).

### Process and detailed content of the practice:

There are different reasons why this support process between the different social entities in the rural world started: through collaboration, it is possible to reduce transport costs for users; there are associations that have their own vehicles whilst there are other associations that do not have this resource, so several options are open to be explored to pool their use.

The different associations of the Merindades territory - within the province of Burgos - have reached an agreement concerning timetables and amount and conditions of the service so that the actual users of each association can make use of the transport means owned by the other associations.



Furthermore, the collaboration has been extended, in such a way that users can utilise the vehicles to access other community resources too, such as swimming pools or attending other scheduled leisure activities in the area.

The routes are adapted to the needs of the people who benefit from the services and/or receive support.

There are currently 7 routes: 5 do a return trip every day.

## Financial framework:

There is a fixed amount per kilometre; once the route has been established the calculation is made and at the end of the month the association carrying out the transport service issues an invoice to the association making use of it for the services carried out.

#### Use degree (%): users/total population:

Apart from sporadic users, there are currently permanent users that benefit from this fruitful collaboration.

## 6. Evaluation

## Possible demonstrated results (through indicators):

There are currently 7 routes in operation which are opened to different possibilities of collaboration.

There are users from all the associations.

The initial use - transport for attending social resources in the territory- has been





increased; nowadays the shared use of vehicles has been extended to access other resources- not exclusively healthcare resources- provided by each association, including leisure resources such as going to the swimming pool or to other scheduled events for example.

## Possible success factors:

We believe that the main success factor is the availability and good disposition on the part of the entities of the area.

This availability to cooperate enables the different users to continue participating in the day centres and other social resources despite the transport-related disadvantages in the rural territory.

# Difficulties encountered:

The only disadvantage encountered is of administrative type: the different office hours in the three entities involved; but this is a minor difficulty anyway and it is solved on a day-to-day basis.

	day-to-day basis.	
7.	Lessons learned from the practice	The associations involved have learnt that taking advantage of shared transport resources means:
		More economical transport
		More ecological transport.
		More social transport.
8.	Contact information	prosamemerindades@gmail.com



